

# LIONS CLUB OF ROSTREVOR INC in conjunction with 4WD ADVENTURERS CLUB OF SAINC



# 2011 BLACK HILL CHALLENGE





# An event supported by the Campbelltown City Council

A 15 kilometre run from Foxfield Oval, Maryvale Road, Athelstone into Black Hill Conservation Park and returning to Foxfield Oval.

Open to competitors aged 16 years and over Finishing certificate for all competitors completing the course

## 8:00 am SUNDAY 30 OCTOBER 2011

#### **PRIZES**

Overall fastest	First	Second	Third	Fourth	Fifth	Sixth
Male	\$300 + Trophy	\$200 + Trophy	\$100 + Trophy	\$75	\$50	\$25
Female	\$300 + Trophy	\$200 + Trophy	\$100 + Trophy	\$75	\$50	\$25

Age divisions	16-25 yrs 1 <sup>st</sup>	26-35 yrs 1 <sup>st</sup>	36-45 yrs 1 <sup>st</sup>	46-55 yrs 1 <sup>st</sup>	Over 55 yrs 1st
Male	Medallion	Medallion	Medallion	Medallion	Medallion
Female	Medallion	Medallion	Medallion	Medallion	Medallion

Proceeds in support of the Royal Flying Doctor Service

## **ENTRY FORM ON PAGE 3**

THIS EVENT IS ALSO KINDLY SUPPORTED BY:

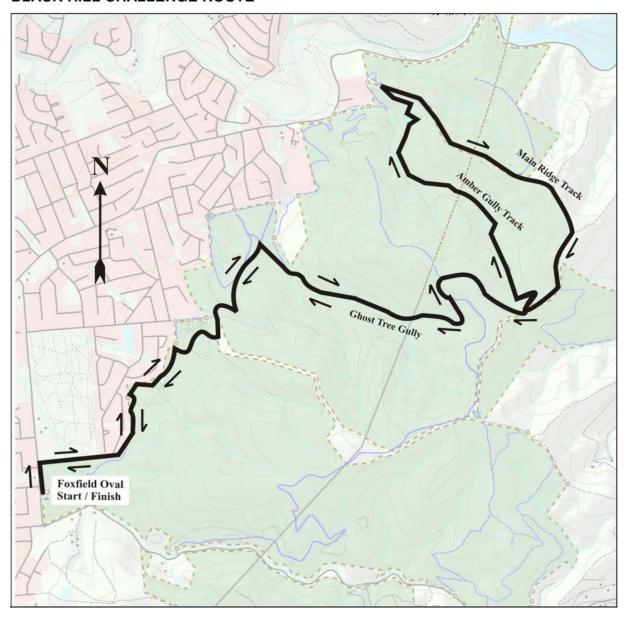
The Department of Environment and Natural Resources

St John Ambulance

A breakfast sausage sizzle will be operating from 8:00 am. Toilet facilities are available at Foxfield oval.

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#### **BLACK HILL CHALLENGE ROUTE**



#### **EVENT DETAILS**

Start-Finish: Foxfield Oval Course distance: 15 kilometres

Ascent: 335 metres

#### **TIMES**

7:30 am (sharp): Competitors assemble 8:00 am: Event commences

10:30 am: Presentation of major prizes

#### **BLACK HILL CHALLENGE RULES**

- 1. Competitors must be at Foxfield Oval by 7:30 am on the day of the event.
- 2. Competitor number patches will be issued from 7:00 am on the day of the event.
- 3. If time and spare places permit, entries will be accepted on the day of the event from 7.00 am.
- 4. Entries made after Fri 28th October 2011 will attract an additional late entry fee of \$5.00.
- 5. Competitors must follow the instructions of the Course Marshals at all times.
- **6.** The course will be as marked, starting and finishing at Foxfield Oval.
- 7. Competitors must complete the marked course on foot and without assistance.
- 8. Any deviation from the marked course will result in disqualification.
- **9.** Competitors compete in this event entirely at their own risk.
- 10. If extreme weather conditions force closure of Black Hill Park the event will be cancelled.

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Detach and forward this page with \$20 entry fee

# LIONS CLUB OF ROSTREVOR INC. 4WD ADVENTURERS CLUB OF SA INC. $BLACK\ HILL\ CHALLENGE$

### SUNDAY 30 OCTOBER 2011 at 8:00 am

FAMILY NAME:						
GIVEN NAME:	☐ Male ☐ Female					
ADDRESS: No. & Street:						
Suburb:	Postcode:					
TELEPHONE:	E-mail address:					
AGE (on 30 October 2011):	(Minimum age: 16 years on 30 October 2011)					
I the undersigned having read the ad adequately prepared to participate in release any and all rights and claims administrators may have against the Inc and sponsors of the Event as a country that the free use of my name and pictures published rules for the Event as set of the day of the Event.  I hereby acknowledge that I have reader	vice given overleaf hereby attest that I am physically fit and the Black Hill Challenge ('the Event'). I hereby also waive and for damages that I, my heirs, my executors and my Lions Club of Rostrevor Inc, the 4WD Adventurers Club of SA onsequence of my participation in the Event. I will also permit in the print and broadcast media. I agree to obey the out overleaf plus any additional rules issued to competitors on d, understood and accept the conditions specified above.  DATE: / / 2011					
If you will be under the age of 18 y sign Declaration 2 (below) on your	ears on the day of the event, your parent or guardian must behalf:					
DECLARATION 2: ON BEHALF O	F A MINOR (Warning: this is a legal document which affects your rights)					
<u> </u>	certify that I am the parent or guardian of					
('the Minor') who will be						
SIGNATURE: Parent or g	DATE: / / 2011 uardian					
Please detach this entire page as the entry fee of <b>\$20.00</b> to:	an entry form and when completed send it, together with Black Hill Challenge Registrar 5 Centofanti Avenue Newton SA 5074					
Cheques should be made payable						
Entries must be received before 5 additional late entry fee of \$5.00	00 pm on Friday 28th of October 2011 to avoid an					
Telephone enquiries should be dire	ected to: <b>8336 7978</b>					

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#### LIONS CLUB OF ROSTREVOR INC 4WD ADVENTURERS CLUB OF SA INC

## BLACK HILL CHALLENGE

#### IMPORTANT ADVICE

This event involves an arduous ascent which can require considerable physical exertion. If you have any medical condition which may be aggravated by strenuous physical exertion you should obtain medical advice before participating.

Strenuous physical exertion without adequate fluid intake can be dangerous.

While participating you are urged to ensure you keep physical exertion within your capabilities and drink frequently. (Drinking water will be supplied to competitors along the course).

#### **BLACK HILL CHALLENGE RULES**

(These rules are also reproduced on the adjoining page which you keep)

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The Lions Club of Rostrevor thanks the following organisations for their contributions to this event:

- 4WD ADVENTURERS CLUB of SA INC
- CAMPBELLTOWN CITY COUNCIL
- Department of Environment and Natural Resources
- ST JOHN AMBULANCE

#### OFFICIAL USE ONLY

FEE	EIVED	FEE PAID	RECEIPT ISSUED	COMPETITOR No.