

LIONS CLUB OF ROSTREVOR INC

in conjunction with





BLACK HILL CHALLENGE 2014



A 15 kilometre run from Foxfield Oval, Maryvale Road, Athelstone in to Black Hill Conservation Park and returning to Foxfield Oval.

Open to competitors aged 16 years and over

8:00 AM SUNDAY 26 OCTOBER 2014

PRIZES

Overall fastest	First	Second	Third
Male	\$200 + Trophy	\$150 + Trophy	\$75 + Trophy
Female	\$200 + Trophy	\$150 + Trophy	\$75 + Trophy

Age divisions	16-25 yrs 1 st	26-35 yrs 1 st	36-45 yrs 1 st	46-55 yrs 1 st	56+ yrs 1 st
Male	Medallion	Medallion	Medallion	Medallion	Medallion
Female	Medallion	Medallion	Medallion	Medallion	Medallion

Proceeds in support of the Royal Flying Doctor Service



An event supported by the Campbelltown City Council

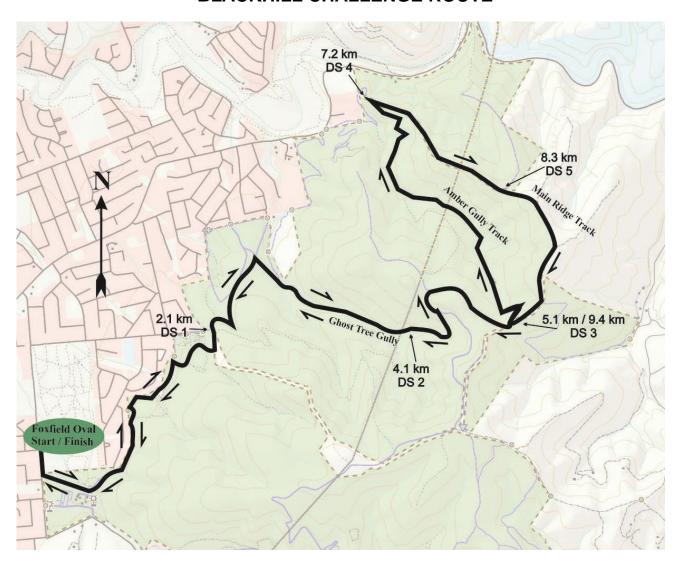
THIS EVENT IS ALSO KINDLY SUPPORTED BY:

The Department of Environment Water and Natural Resources and St John Ambulance

A healthy breakfast will be operating from 8:00 am, kindly provided by the Opal Program

ENTRY FORM ON PAGE 3

BLACKHILL CHALLENGE ROUTE



EVENT DETAILS

Start-Finish: Foxfield Oval
Course distance: 15 kilometres
Ascent: 335 metres

TIMES

7:30 am (sharp): Competitors assemble 8:00 am: Event commences

10:30 am: Presentation of major prizes

BLACK HILL CHALLENGE RULES

- 1. Competitors must be at Foxfield Oval by 7:30 am on the day of the event.
- 2. Competitor number patches will be issued from 7:00 am on the day of the event.
- 3. If time and spare places permit, entries will be accepted on the day of the event from 7.00 am.
- 4. Entries made after Wednesday 22 October 2014 will attract an additional late entry fee of \$5.
- 5. Competitors must follow the instructions of the Course Marshals at all times.
- **6.** The course will be as marked, starting and finishing at Foxfield Oval.
- 7. Competitors must complete the marked course on foot and without assistance.
- **8.** Any deviation from the marked course will result in disqualification.
- 9. Competitors compete in this event entirely at their own risk.
- 10. If extreme weather conditions force closure of Black Hill Park the event will be cancelled.

ENTRY FORM

Detach and forward this page with entry fee: RUNNERS: \$30

LIONS CLUB OF ROSTREVOR INC 4WD ADVENTURERS CLUB OF SA INC

BLACK HILL CHALLENGE

SUNDAY 26 OCTOBER 2014 at 8:00 am

FAMILY NAME:				
GIVEN NAME:	□ Male □ Female			
ADDRESS: No. & Street:				
Suburb:	Postcode:			
TELEPHONE:E-mail address	S:			
AGE (on 26 October 2014): (Minin	num age: 16 years on 26 October 2014)			
DECLARATION 1 (Warning: this is a legal document which affects your rights) I the undersigned having read the advice given overleaf hereby attest that I am physically fit and adequately prepared to participate in the Black Hill Challenge ('the Event'). I hereby also waive and release any and all rights and claims for damages that I, my heirs, my executors and my administrators may have against the Lions Club of Rostrevor Inc, the 4WD Adventurers Club of SA Inc and sponsors of the Event as a consequence of my participation in the Event. I will also permit the free use of my name and pictures in the print and broadcast media. I agree to obey the published rules for the Event as set out overleaf plus any additional rules issued to competitors on the day of the Event. I hereby acknowledge that I have read, understood and accept the conditions specified above.				
SIGNATURE:	DATE: / /2014			
If you will be under the age of 18 years on the day of the event, your parent or guardian must sign Declaration 2 (below) on your behalf:				
DECLARATION 2: ON BEHALF OF A MINOR (Warning: this is a legal document which affects your rights)				
l	certify that I am the parent or guardian of			
('the Minor') who will be				
SIGNATURE: Parent or guardian	DATE: / / 2014			
Please detach this entire page as an entry form and when completed send it, together with the entry fee of \$30 to: Black Hill Challenge Registrar 5 The Promenade Northgate SA 5085 Cheques should be made payable to: Lions Club of Rostrevor Alternatively entry fee can be deposited into our bank account BSB 065145 Account number 00902024 Lions Club of Rostrevor Activity Account enter family name or mobile in description box. Email cameron.wyers@gmail.com your details				
Entries must be received before 5:00 pm on Wednesday 22 October 2014 to avoid an additional late entry fee of \$5. Telephone enquiries should be directed to: 8261 3491				

LIONS CLUB OF ROSTREVOR INC 4WD ADVENTURERS CLUB OF SA INC

BLACK HILL CHALLENGE

IMPORTANT ADVICE

This event involves an arduous ascent which can require considerable physical exertion. If you have any medical condition which may be aggravated by strenuous physical exertion you should obtain medical advice before participating.

Strenuous physical exertion without adequate fluid intake can be dangerous.

While participating you are urged to ensure you keep physical exertion within your capabilities and drink frequently. (Drinking water will be supplied to competitors along the course).

BLACK HILL CHALLENGE RULES

(These rules are also reproduced on the adjoining page which you keep)

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The Lions Club of Rostrevor would like to thank the following organisations for their contributions to this annual event:

CAMPBELLTOWN CITY COUNCIL	4WD Club of SA Inc
Department of Environment, Water and Natural Resources	St John Ambulance
Opal	